

A Handbook For Treatment Of Acute Syndromes By Using Acupuncture And Moxibustion

A Handbook For Treatment Of Acute Syndromes By Using Acupuncture And Moxibustion A Handbook for Treatment of Acute Syndromes Using Acupuncture and Moxibustion Acupuncture and moxibustion integral components of Traditional Chinese Medicine TCM have been practiced for millennia to address a wide spectrum of health concerns While their efficacy in chronic conditions is well established their application in managing acute syndromes has gained increasing recognition in recent years This handbook aims to provide a comprehensive guide for practitioners and patients alike detailing the theoretical foundation practical application and safety considerations of using acupuncture and moxibustion to address acute syndromes

Understanding Acute Syndromes in TCM Acute syndromes characterized by sudden onset and rapid progression are often associated with external pathogenic factors like wind cold heat dampness and dryness These factors entering the body through various channels disrupt the balance of Yin and Yang leading to a multitude of symptoms TCM diagnosis of acute syndromes involves assessing the patients overall constitution identifying the specific pathogenic factor and determining the affected channels and organs

The Role of Acupuncture and Moxibustion in Acute Syndromes Acupuncture and moxibustion offer distinct advantages in managing acute syndromes

Rapid symptom relief By stimulating specific acupoints acupuncture can regulate Qi and blood circulation harmonize Yin and Yang and expel pathogenic factors promoting rapid symptom alleviation

Targeted approach Acupuncture points are chosen based on the specific syndrome affected organ and presenting symptoms ensuring precise intervention

Minimal side effects When performed by qualified practitioners acupuncture and moxibustion have minimal side effects making them a safe and effective option especially for individuals sensitive to conventional medications

Holistic approach Acupuncture and moxibustion address the underlying cause of the syndrome not just the symptoms promoting a holistic approach to healing

Acupuncture Techniques for Acute Syndromes Several acupuncture techniques are employed for acute syndromes each targeting specific needs

Point selection Common acupoints used include

Local points Located near the affected area these points effectively address local pain and inflammation

Distal points Located on extremities these points influence the affected organs and channels through meridian connections

Back shu points These points on the back correspond to specific organs and can regulate their function

Needling techniques

Shallow needling Used for surface pain and discomfort shallow insertion stimulates local Qi circulation

Deep needling Employed for deeper pain and visceral involvement deeper insertion targets specific channels and organs

Moxibustion The application of heat from burning moxa on specific acupoints strengthens the flow of Qi promotes circulation and expels cold and dampness

Moxibustion Techniques for Acute Syndromes Moxibustion the application of heat from burning moxa complements

acupuncture by providing additional warmth and promoting circulation Direct moxibustion Moxa cones are placed directly on the skin over the acupoint Indirect moxibustion Moxa is burned on a stick or placed on a ginger slice placed over the acupoint providing a gentler application of heat Moxibustion with acupuncture Applying moxa to the needle or near the insertion point enhances the treatment effect Specific Examples of Acute Syndromes 1 Common Cold Symptoms Runny nose sneezing sore throat cough headache fever TCM diagnosis WindCold invasion of the Lungs Acupuncture points LI4 He Gu ST40 Feng Long BL13 Fei Shu GB20 Feng Chi Moxibustion Indirect moxibustion on BL13 Fei Shu 3 2 Flu Symptoms High fever chills body aches fatigue headache cough TCM diagnosis WindHeat invasion of the Lungs and the Exterior Acupuncture points LI4 He Gu ST44 Neiting LI11 Quchi BL13 Fei Shu DU14 Dazhui Moxibustion Indirect moxibustion on BL13 Fei Shu and DU14 Dazhui 3 Headache Symptoms Throbbing aching or pulsating pain in the head TCM diagnosis WindHeat or WindCold invasion of the Head Liver Qi stagnation or Kidney Deficiency Acupuncture points GB20 Feng Chi GB12 Jianjing LI4 He Gu GV16 Fengfu BL10 Tian Zhu Moxibustion Indirect moxibustion on GB20 Feng Chi or GV16 Fengfu 4 Stomach Pain Symptoms Cramping bloating nausea vomiting abdominal distention TCM diagnosis Food stagnation Cold invasion of the Stomach or Qi stagnation in the Spleen Acupuncture points ST36 Zusanli ST25 Tian Shu ST37 Shangjuxu SP6 Sanyinjiao ST12 Zhongwan Moxibustion Indirect moxibustion on ST36 Zusanli or ST25 Tian Shu Safety Considerations Qualified practitioner Seek treatment from a licensed and experienced acupuncturist Medical history Inform the practitioner about any underlying medical conditions or allergies Pregnancy Avoid certain points and techniques during pregnancy Bleeding disorders Caution is advised in patients with bleeding disorders Infections Avoid acupuncture on infected areas Conclusion Acupuncture and moxibustion offer a safe effective and holistic approach to managing acute syndromes This handbook provides a theoretical foundation and practical guidance for practitioners and patients to effectively incorporate these therapies into their practice and care By understanding the specific principles of TCM and applying the correct techniques practitioners can empower patients to navigate acute conditions with greater ease and improve their overall wellbeing 4

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traditional chinese veterinary medicine has been used to treat animals in china for thousands of years until now the majority of the literature on traditional chinese veterinary medicine has been written in chinese xie s veterinary acupuncture serves as a comprehensive and accessible reference on the basic principles techniques and clinical application of veterinary acupuncture written by a world renowned authority on veterinary acupuncture and a panel of experts the book incorporates a traditional chinese approach to veterinary acupuncture including ancient and newly developed acupuncture techniques for both small and large animals with the growing interest in veterinary acupuncture worldwide this ground breaking and authoritative text is a timely resource for practitioners and students alike

practiced for more than 2 000 years acupuncture was once restricted to the realm of alternative medicine this book dispels these notions and brings this once backroom therapy into the forefront explaining it in terms that can be easily comprehended by all medical professionals presenting a scientific anatomical approach to acupuncture it discusses the basics of the nervous system acupuncture points throughout the body and measurement and quantification of pain it reviews applications of acupuncture in clinical practice from cases easy to treat to those more challenging and concludes with theories on the future of acupuncture

a resource for veterinarians interested in alternative medical treatments for animals

the highly anticipated new edition of pain a textbook for health professionals previous subtitle a textbook for therapists has undergone a major rewrite in order to reflect the rapid developments in the field of pain management it highlights an effective and evidence based method providing the theoretical basis to help with the assessment and management of persistent pain while also discussing in depth a range of specific approaches pain a textbook for health professionals is written emphatically from a biopsychosocial perspective in order to set the scene the introductory section includes chapters on the patient s voice and social determinants of pain this ensures that the deeply personal and social aspects of pain are not lost among the more technical and biological commentary these aspects provide an overall context and are revisited in chapters on participation of life roles work rehabilitation and psychology the basic science section includes key chapters on the psychology neuroanatomy and neurophysiology of pain this provides a basis for subsequent chapters on specific approaches such as pharmacology physical therapy and complementary medicine pain in specific patient groups including children the elderly and those with cancer are dealt with in separate chapters as are pain problems such as complex regional pain syndrome and chronic spinal pain although the emphasis of the book is on long term pain acute pain is discussed as a possible precursor and determinant of chronicity patient centred approach to care advocates listening

to the patient's voice covers social determinants of pain guides the reader from pain psychology to the practical application of psychological interventions learning aids chapter objectives reflective exercises case examples and revision questions emphasizes an evidence based perspective written by an international team of experts topics such as pain in children and the elderly pain education for professionals disability and medico legal aspects expanded focus on complex regional pain syndrome acupuncture and psychology improved layout for a better learning and studying experience

the royal marsden is the world's first hospital dedicated to cancer diagnosis treatment research and education a centre of excellence with an international reputation for ground breaking research and pioneering the very latest in cancer treatments and technologies as well as specialising in cancer diagnosis and education this companion volume to the internationally successful the royal marsden manual of clinical nursing procedures is designed to support practitioners who work specifically with oncology patients by providing detailed evidence based procedures and rationale and problem solving guidance on all aspects of oncology nursing the royal marsden manual of cancer nursing procedures is organized and structured to represent the needs of the patient along their care pathway provides the latest evidence underpinning all procedures includes information on haematological procedures pain assessment and management wound care oncological emergencies and end of life care gives detailed guidelines on supporting patients living with cancer with practical information on such things as benefits exercise and nutrition the royal marsden manual of cancer nursing procedures is an invaluable definitive resource for all those involved in the provision of cancer care and support to patients and their families

the fourth pain clinic symposium and meeting of the world society of pain clinicians was held in kyoto japan 18-21 november 1990 it provided as international forum at which pain clinicians had the opportunity to discuss the recent developments and progress in the field of pain treatment this proceedings volume contains all lectures from the plenary sessions and from the following symposia sympathetic nervous system and pain and present and future problems on the pain clinics also included are selected free papers on cancer pain reflex sympathetic dystrophy deafferentiation pain and stimulation therapy and various topics on pain management

acupuncture once regarded with scepticism in the west has gained acceptance in recent years in this book george lewith a qualified doctor presents an introduction to the subject of acupuncture

acupuncture is a holistic therapy which originated in china over 5 000 years ago and is now widely practised in the western world this comprehensive guide includes information on the history of acupuncture and how it is used

baunscheidt lebenswecker

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